

GUEST MISSIONARIES CHECKLIST

Revised July 2024

- ✓ Adult or Child Information Sheet (see website) for each person completed and given to your group leader.
- ✓ Your passport & three copies of it:
 1. To leave at home with someone
 2. To give to your group leader to give to the Misión
 3. Pack in your suitcase as an extra copy
- ✓ Necessary money to pay for the trip given to your group leader (or if traveling alone, send to Highway Church of Christ, 128 Highway Church Road, Judsonia, AR 72081.)
- ✓ Immunizations—Tetanus is recommended. The Misión has malaria medicine, and in rare cases, we go into areas where MINSA recommends the use of the medication.
- ✓ You take all prescriptions (in the original bottles) or over-the-counter medications on a regular basis. (Not all US medications are available in Nicaragua)
- ✓ A small Personal First Aid Kit. (Band-aids, antibiotic cream, anti-itch cream, Tylenol, Tums/ Pepto-Bismol, Hand Sanitizer, etc.)
- ✓ Personal Hygiene supplies. (Your favorite brand may not be available in Nicaragua)
- ✓ Work Gloves • Work clothes and hat. You will get dirty so bring plenty
- ✓ **NOTE:** There is NO access to laundry facilities for short-term mission teams, so please pack accordingly for the number of days you will be with us.
- ✓ Clothes – casual is the clothing rule for almost all functions; however, you are a guest in a different culture. No spaghetti straps, tank tops, halter tops, drop shoulders, or muscle shirts. • Modest shorts can only be worn during downtime while upstairs in the Misión. Pants or crop-style pants can be worn downstairs or outside the Misión.
- ✓ Pants are required for Sunday morning worship. Ladies may also wear a skirt if desired, but NO sandals.
- ✓ If you plan to hike to the cross, bring lightweight pants or leggings
- ✓ Used work boots are usually available at the Misión, or you may wish to bring your own if you need a large size.
- ✓ No shorts or open-toed shoes are allowed outside the Misión; however, please bring flip-flops to wear in the mission and the shower. **Do not go barefoot.**
- ✓ Light Jacket or long-sleeved T-shirt (it can be cool at night, year-round)
- ✓ Rain Jacket

- ✓ Personal Snacks: There are grocery stores near the Misión, but your favorite snack might not be available locally.
- ✓ Sunscreen, sunglasses, and a brimmed hat!!
- ✓ Bug Spray!!
- ✓ A notebook to journal your trip.
- ✓ A day pack/backpack
- ✓ Cell phone charging cords/adapters (Outlets are standard 110v) Portable chargers are useful
- ✓ Small toys, crayons, games, sidewalk chalk, etc., if you want to bring something for the children in the communities.
- ✓ You will be issued water bottles for the week that you can refill from the Misión's safe drinking water source. You may wish to bring your own reusable water bottle and single-serve drink mixes and hydration mixes (e.g., IV hydration, Crystal Light, iced tea, etc.).
- ✓ \$10 US for VISA to enter Nicaragua that you pay to Immigration officers when entering the country.
- ✓ Additional cash: For those coming for a week, \$150 US will typically cover shopping/souvenirs and other extra expenses (visits to a coffee shop, snacks, etc.). For those staying additional weeks - \$25/week should cover any extra expenses. Most local vendors welcome *clean* (with no rips or writing) US Dollars; \$5, \$10, and \$20 bills are recommended. (any bills that look "worn" could be rejected)
- ✓ Your Bible
- ✓ A Servant Spirit

THINGS NOT RECOMMENDED

- ✓ Electronics/gaming devices/etc. (if you do, please use them only in your room)
- ✓ Expensive jewelry/watches, etc.
- ✓ Anything special that you would not want to lose.
- ✓ We encourage all group members to check with their cell phone provider about international voice/data charges before their trip. WIFI is available for audio/video FaceTime calls with the US at the mission.

Group leaders: Please call/text Benny at 318-560-2868 on travel days in case of flight delays or travel emergencies.