

### SHORT-TERM MISSION TRIP CHECKLIST Revised March 2021

- Adult or Child Information Sheet (see website) for each person completed and given to your group leader.
- Your passport & three copies of it:
  1. To leave at home with someone
  2. To give to your group leader to give to the Misión
  3. To pack in your suitcase as an extra copy
- Necessary money to pay for the trip given to your group leader (or if traveling alone, sent to Highway Church of Christ, 128 Highway Church Road, Judsonia, AR 72081.)
- Immunizations - Tetanus and COVID vaccines are required. The Misión has malaria medicine for rare times we go into areas that MINSA recommends the use of the medication.
- All prescriptions (in the original bottles) or over the counter medications you take on a regular basis. (Not all US medications are available in Nicaragua)
- Plenty of face masks and a small Personal First Aid Kit. (Band-aids, antibiotic cream, anti-itch cream, Tylenol, Tums/Pepto-Bismol, Hand Sanitizer, etc.)
- Personal Hygiene supplies. (Your favorite brand may not be available in Nicaragua)
- Washcloths if you use them.
- Work Gloves
- Work clothes and hat. You will get dirty so bring plenty!
- Clothes – casual is the rule of clothing for almost all functions; however, you are a guest in a different culture. No spaghetti straps, halter tops, drop shoulders or muscle shirts.
- Modest shorts can only be worn during down time while upstairs in the Misión. Pants or crop-style pants can be worn downstairs or outside the Misión.
- Pants are required for Sunday morning worship. Ladies may also wear a skirt if desired but NO sandals.
- If you plan to hike to the cross, bring lightweight pants or leggings
- Used work boots are usually available at the Misión or you may wish to bring your own if you need a large size.
- No open toed shoes are allowed outside the Misión.
- Light Jacket or sweater (it can be cool at night, year-round)
- Rain Jacket
- NOTE: There is NO access to laundry facilities for short-term mission teams so please pack accordingly for the number of days you are with us.
- Personal Snacks: There are grocery stores near the Misión but your favorite snack might not be available locally
- Flashlight with extra batteries.
- Sunscreen!!
- Bug Spray!!
- A notebook to journal your trip.
- A day pack/backpack.
- Cell phone charging cords/adapters (Outlets are standard 110v) Portable chargers are useful
- Small toys, crayons, games, sidewalk chalk, etc. if you want to bring something for the children in the communities.

- You will be issued bottles of water for the week that you can refill from the Misión's safe drinking water source. You may wish to bring your own reusable water bottle and single-serve drink mixes (i.e. Crystal Light, iced tea, etc.).
- \$13 US for VISA to enter Nicaragua that you pay to Immigration officers when entering the country.
- Additional cash: For those coming for a week, \$150 US will normally cover shopping/souvenirs and other extra expenses (visits to a coffee shop, snacks, etc). For those staying additional weeks - \$25/week should cover any extra expenses. Most local vendors welcome \*clean\* (with no rips or writing) US Dollars; \$5, \$10, and \$20 bills are recommended. (any bills that look "worn" could be rejected)
- Your Bible.
- A Servant Spirit.

#### THINGS NOT RECOMMENDED:

- Electronics/gaming devices/etc. (if you do, please use them only in your room)
- Expensive jewelry/watches, etc.
- Anything special that you would not want to lose.

We encourage all group members to check with their cell phone provider about international voice/data charges prior to their trip. WIFI is available at the mission for audio/video Facetime calls with the US.

\*Group leaders: please call/text Benny at 318-560-2868 on travel days in case of flight delays or travel emergencies.