## SHORT-TERM MISSION TRIP CHECKLIST Revised July 2019

- Adult or Child Information Sheet (see website) for each person completed and given to your group leader.
- Your passport & three copies of it:
  - 1. To leave at home with someone
  - 2. To give to your group leader to give to the Misión
  - 3. To pack in your suitcase as an extra copy
- Necessary money to pay for the trip given to your group leader (or if travelling alone, sent to Highway Church of Christ, 128 Highway Church Road, Judsonia, AR 72081.)
- Personnel Hygiene supplies. (Your favorite brand may not be available in Nicaragua)
- Small Personnel First Aid Kit. (Band-aids, antibiotic cream, anti-itch cream, Tylenol, personal prescriptions in original bottles, Tums/Pepto-Bismol, Hand Sanitizer, etc.)
- Washcloths if you use them.
- Light Jacket or sweater (it can be cool at night, year around)
- Rain Jacket
- Work Gloves
- Personal Snacks...there is plenty of food but it may not be your favorite snack
- Flashlight with extra batteries.
- Sun Screen
- Bug Spray!!!
- A notebook to journal your trip.
- Camera
- Clothes casual is the rule of clothing for almost all functions; however, you are a guest in a different culture. No spaghetti straps, halter tops, drop shoulders or muscle shirts.
- Ladies are asked to have a skirt or dress pants for Sunday Morning worship.
- Work clothes and hat. You will get dirty so bring plenty!
- Used work boots are usually available at the Misión or you may wish to bring your own if you need a large size.
- No open toed shoes outside the Misión.
- Modest shorts can only be worn during down time while upstairs in the Misión. Ladies can wear pants or crop-style pants downstairs or outside the Misión.
- NOTE: There is NO access to laundry facilities for short-term missions so please come prepared for the number of days you are with us.
- Small toys, crayons, games, sidewalk chalk, etc. if you want to bring something for the children in the communities.
- You will be issued bottles of water for the week that you can refill from the Misión's safe drinking water source. You may wish to bring your own water bottle and single-serve drink mixes (i.e. Crystal Light, iced tea, etc.).
- A day pack/backpack.
- Immunizations Tetanus is the only thing required. The Misión has malaria medicine for times we go into areas that MINSA recommends the use of the medication.
- \$10US for VISA to enter Nicaragua that you pay to Immigration officers at the Managua airport immediately after entering the country.

- \$32US departure tax is now in most tickets purchased, check with the one that arranged your ticket. It is already in the ticket price for those purchased through the mission.
- Additional cash: For those coming for a week, most figure that \$150 US will cover all costs for souvenirs and extras during the week. For those staying additional weeks \$25 a week should cover any extra expenses. Most local vendors welcome \*clean\* (with no rips or writing) US Dollars; \$5, \$10, and \$20 bills are recommended.
- Your Bible.
- A Servant Spirit.

THINGS NOT RECOMMENDED:

- Electronics/mobile devices/etc. (if you do, please use them only in your rooms)
- Expensive jewelry/watches, etc.
- Anything special that you would not want to lose.

Messages can always be left on this number when calling from the states...318-560-2868. This number will also be answered on days of travel in case of flight delays or travel emergencies. The mission has a local cell phone to use or it is recommended you call the states from the internet café in Jinotega. The mission # for calls from the states is 011-505-8936-4538 (includes international dialing code).